



## Introduction

### 1. Reviewing the promise **BLESSED**.

- \* Jesus presented His disciples the possibility of being genuinely happy. Happy here on earth with the kind of happiness that goes on in heaven.
- \* The word “*blessed*” is often used of God Himself. (*Psalm 68:35*)
- \* Being “*blessed*” is sharing in His nature. (*2 Peter 1:4*)
- \* Being “*blessed*” is not some superficial feeling based on circumstances.
- \* Being “*blessed*” is a supernatural experience of being contented and satisfied because our lives are right with God.
- \* Being “*blessed*” is a **conditional promise** of Jesus.

### 2. Being “happy” and “poor in spirit” doesn’t seem to match! (*A review*)

### 3. Being “happy” and “mourning” doesn’t seem to match!

**Matthew 5:4 (NIV) - “Blessed are those who mourn, for they will be comforted.”**

## I. The Meaning of **MOURNING**

- A. Jesus turned the world’s principles upside down! He reversed the path to happiness!
- B. *Mourning (pentheo)* – The strongest word in the Greek! It’s the deepest, most heart-felt grief. (*Mark 16:10*) It’s our heart breaking over our sin against God and others.
- C. King David. (*2 Samuel 11*)
  - \* *Psalm 51:1-12*
- D. Mourning over sin is admitting our condition and turning to God.
  - \* *Luke 15:18-20*
  - \* *1 John 1:8-9*

## II. Hindrances To Mourning (*God has promised comfort, but...*)

- A. Love of a sin
- B. Despair
- C. Fear of the pain
- D. Avoidance (*It’s not that bad!*)
- E. Impatience
- F. Procrastination

### **III. The Results of Mourning**

A. The God of all comfort. (*2 Corinthians 1:3, Psalm 23:4*)

\* Do you really know what God is like?

B. *Isaiah 40:1, 28-31* and *Philippians 4:4-7*

C. What's your choice?